



www.sussexca.org.uk



Sussex Cyclists' Association

1925-2023

PRESIDENT – Dave Dallimore, Central Sussex C.C.

11th Open 30 miles Time Trial Sunday 23rd July 2023

Course G30/91

Incorporating Sussex Individual, Veterans and Team Championships

Qualifying event for SCA B.A.R. and SCA SPOCO

Event Secretary: Robin Johnson 7 Gorselands, Billingshurst, West Sussex RH14 9TT
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Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

HQ

[Ashington Community Centre](#)

Foster Lane,
Ashington
West Sussex

RH20 3PG

Open from 06:00



Parking available at HQ, then use surrounding roads considerately.

Hall open, access from northern side of the centre; drinks and food inside.

Numbers at HQ only. After the event, please return your number,

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HQ to start: 2.2 miles

Finish to HQ: 3.6 miles

To return to the HQ

Turn right at Wiston Crossroads on the A283

Course Records

	1:02:49	Colin Ward	2018
Women:	1:16:54	Gina McGeever	2015
Vets:	1:02:49	Colin Ward	2018
Tandem:	1:07:00	Mark Jones + Tony Reeves	2019

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Additional Safety Instructions

Competitors must exercise extra care at the start and at all roundabouts.

ORBEA GAIN D10 ELECTRIC ROAD BIKE

High end equipment fitted. A lightweight bike that can be ridden both on power and fully disengaged off power

£1500 ono - reason for sale ill health
07803296494 to view or more details

PAST WINNERS:

2022	Event shortened: 13.5 miles,	Chris McNamara	26:50
2021	Matthew Smith	Team TMC	1:03:07
2020	Simon McNamara	HuntBikeWheels.com	1:03:32
2019	Howard Bayley	Blazing Saddles	1:04:34
2018	Colin Ward	Essex Roads CC	1:02:49
2017	Mark Smith	Crawley Whs.	1:04:23
2016	Keith Lea	Paceline RT	1:04:49
2015	Conall Yates (2 wins)	In-Gear Quickvit Trainsharp	1:04:39
2014	Conall Yates	In-Gear Quickvit Trainsharp	1:05:37
2013	Steve Kane	Brighton Excelsior CC	1:06:02

TIMEKEEPER

Richard Blackmore

East Grinstead CC

Prizes

T.T. bikes:

1st Man £25 + Champagne, value £25.
 2nd Man £20 + wine, value £6
 3rd Man £15 + wine, value £6
 4th Man Wine, value £6.

Road bikes: 1st Man: £20 + wine, value £6.

1st Team £20 each + wine, value £6.

As a Championship event, this race includes a selection of Trophies, Cups and Medals to be awarded to Sussex CA Riders in various categories:

First	Championship Cup for a year, and Sussex C.A. medal
1st Team	Sussex C.A. medal
1st Veteran on CTT Target Time	Sussex C.A. medal

V.T.T.A. (SURREY/SUSSEX) group Championship "30" – open to Surrey/Sussex VTTA members)

1st on V.T.T.A. standard Mick Burgess cup for one year + V.T.T.A. medal.

1st Team of three V.T.T.A. medals.

PLEASE NOTE**Prize Presentation**

will be held as soon as possible after the event.

Lottery Prizes

2 bottles of wine, value £6 each, to be given out at the prize presentation.

CTT Regulations require the use of a helmet that meets internationally accepted safety standards for all competitors.

CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, and to the front of their machine, a working front white light, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users.

London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.

***Under 18 years old riders: Bring a completed Parental Consent form to present before signing-on.
No form = No ride.***

LONDON SOUTH D.C. regulation:

No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start and finish.

No times will be given out at the finish.

Apart from riding to the start, no warming-up on the course once the event has started.

Under 18 years old riders: Bring a completed Parental Consent form to present before signing-on.

No form = No ride.

"Please remember that the riders you catch during the race will not be aware of your presence until you are actually passing them, so please give them sufficient space as you go by"

ORDER OF START:

ROAD BIKES:

No.	Start time	First name	Last name	club	gender	category	age_on_day
1	07:01:00	Aaron	Sparks-Carolan	Sussex Revolution Velo Club	Male	Senior	39
2	07:02:00	John	Blight	Rapha Cycling Club	Male	Senior	33
3	07:03:00	Vernon	Schutte	Farnborough & Camberley CC	Male	Veteran	69
4	07:04:00	Matt	Phipps-Taylor	Paceline RT	Male	Senior	39

TANDEM:

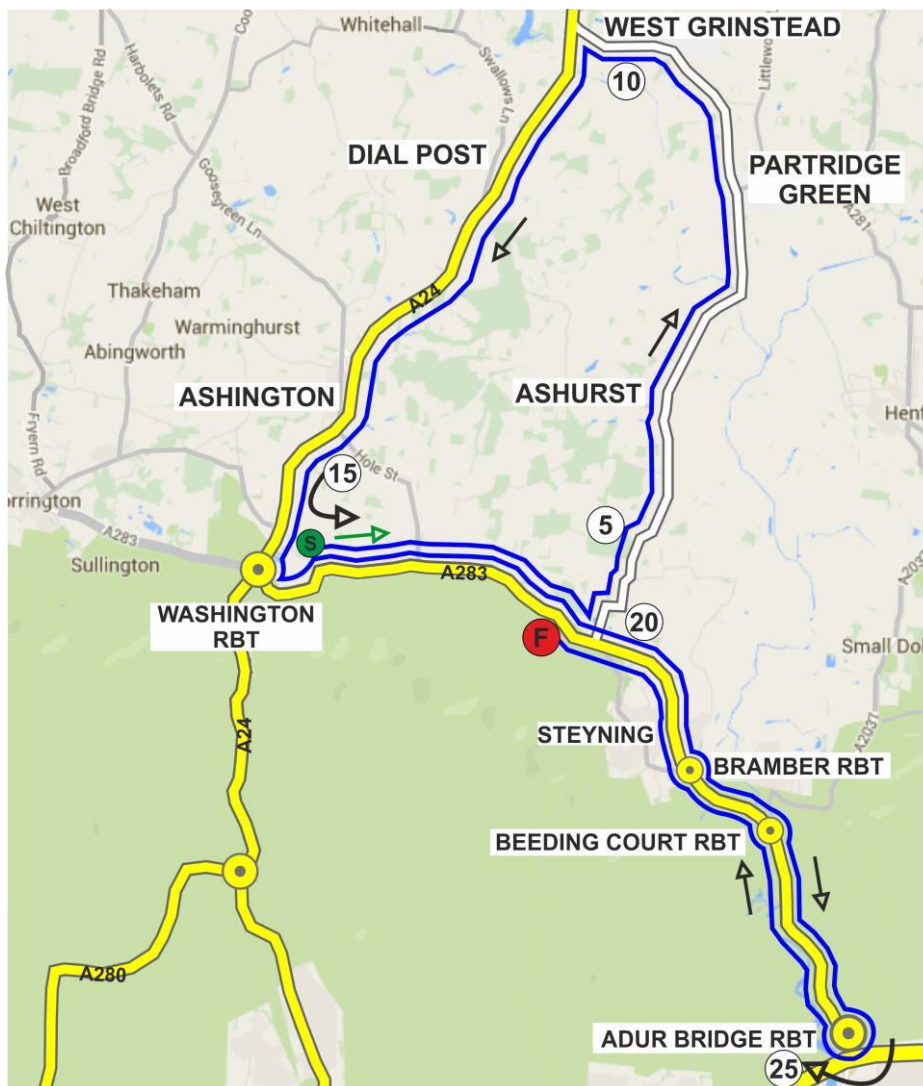
	start_time	first name	last name	club	gender	category	age_on_day
6	07:06:00	Norman	Harvey	Sotonia CC	Male	Veteran	90
6	07:06:00	Mary	Corbett	Sotonia CC	Female	Veteran	66

T.T. BIKES:

	start_time	firstname	lastname	club	gender	category	age_on_day	vtta_group
8	07:08:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	75	Surrey/Sussex
9	07:09:00	Peter	Horsfield	Redmon CC	Male	Veteran	73	Surrey/Sussex
10	07:10:00	Cris	Coxon	Brighton Mitre CC	Male	Veteran	46	Surrey/Sussex
11	07:11:00	Mike	Marchant	Southdown Velo	Male	Veteran	66	
12	07:12:00	Mark	Gidney	Southborough & Dist. Whs	Male	Veteran	61	Surrey/Sussex
13	07:13:00	Steve	Skinner	Southdown Velo	Male	Veteran	68	Wessex
14	07:14:00	Sam	Leach	Horsham Cycling	Male	Senior	35	
15	07:15:00	Peter	Baker	Lewes Wanderers CC	Male	Veteran	65	Surrey/Sussex
16	07:16	Donald	Parker	Brighton Mitre CC	Male	Veteran	74	Surrey/Sussex
17	07:17:00	Richard	Keevil	GS Stella	Male	Veteran	54	Surrey/Sussex
18	07:18:00	John	Marinko	Brighton Mitre CC	Male	Veteran	58	Surrey/Sussex
19	07:19:00	Ferenc	File	Horsham Cycling	Male	Senior	37	
20	07:20:00	Mark	Jones	GS Stella	Male	Veteran	63	Surrey/Sussex
21	07:21:00	Brian	Molloy	Brighton Mitre CC	Male	Veteran	55	Surrey/Sussex
22	07:22:00	Tony	Reeves	GS Stella	Male	Veteran	52	
23	07:23:00	Ian	Cheesman	Worthing Excelsior CC	Male	Veteran	54	
24	07:24:00	Nolan	Heather	Horsham Cycling	Male	Veteran	47	Surrey/Sussex
25	07:25:00	Adrian	Blacker	VTTA (Surrey/ Sussex)	Male	Veteran	59	Surrey/Sussex
26	07:26:00	Sebastian	Harrison	Islington Cycling Club	Male	Veteran	40	
27	07:27:00	Howard	Shaw	trainSharp	Male	Senior	37	
28	07:28:00	Andy	Critchlow	Paceline RT	Male	Veteran	49	Surrey/Sussex

Although it's the smallest field in the eleven years of this event, it's only 5 down on 2022.

Course G30/91



OS REF (TQ)	COURSE DIRECTIONS – G30/91	MILES	
121134	START in Sandhill Lane, Washington, southeast of Washington RBT (roundabout) 5 yards north of A283 at northern edge of "Sandhill Lane" sign.	0.00	0.00
171125	Join A283 and proceed eastwards along A283 to junction with B2135 at Steyning	3.53	3.53
165214	LEFT and follow B2135 through Ashurst and Partridge Green to T junction with A24 at West Grinstead	7.02	10.55
120134	LEFT into acceleration lane to join A24 south to Washington RBT	5.88	16.43
209065	LEFT 1 st exit and follow A283 via Bramber Castle and Beeding Court RBT's to Adur Bridge, Shoreham, where TURN	8.42	24.85
164126	4 th exit to retrace via Beeding Court and Bramber Castle RBT's to FINISH at a point 0.44 miles west of Horsham Road T junction (old A283), 0.06 miles west of yellow sign "Chanctonbury House" and opposite 2 foot high wooden pole with "Wildlife Verge" badge.	5.15	30.00

